

राष्ट्रीय जन सहयोग एवं बाल विकास संस्थान
National Institute of Public Cooperation and Child Development



24

Add. Secy. (VK)

No.NI/WD/III-124/2017-18

50(6)
31/8/17

23 AUG 2017



Subject: Request for Nomination for Orientation Programme on Counselling Skills for Institutions Providing Care to Distressed Women from 11th - 13th October, 2017 at NIPCCD, New Delhi- Reg.

Sir/Madam,

The Institute is organizing an **Orientation Programme on Counselling Skills for Institutions Providing Care to Distressed Women**. The objectives of the Programme are to: provide insight into the manifestation of violence against women in India; existing policies, support services and legal safeguards for women; develop understanding about different approaches and types of counselling interventions for women in distress; and enhance counselling skills for providing psychosocial support to distressed women. A copy of the Programme Design is enclosed.

2. The participants of the Programme will be senior and middle level officials of Government/ representatives of voluntary organizations associated with planning and implementation of the programmes and projects relating to welfare, development, protection and empowerment of women. **The participants from voluntary organizations who attended any Programme(s) of the Institute at it's Headquarters/ Regional Centres in last two years may not be nominated.**

3. The participants from voluntary organizations will be reimbursed travel grant up to AC III tier rail fare (excluding Rajdhani, Premium, Shatabdi, and Duronto express/AC Bus/Tatkal fare) by the shortest route to and from Delhi. The journey by road to the nearest railway /bus station will be paid to the non-official participants on the basis of actual expenditure subject to ceiling of Rs. 300/- each way. Local participants will be paid actual expenditure incurred on local conveyance as per NIPCCD norms. The officials deputed from Government departments will draw their TA/DA from their respective Institutions/Departments. However, the Institute will provide free board and lodging facilities to all the outstation participants at its hostel located in its premises in Delhi for the duration of the Programme.

4. It is requested that nomination in the enclosed proforma duly completed with a recent passport size colour photograph may be forwarded by Head of the Organization and sent to the Institute latest by 08th September 2017. The Programme design and nomination proforma can also be downloaded from website of the Institute i.e. www.nipccd.nic.in. The details of the nominee may be emailed to us at wdnipccd@gmail.com. It is requested that the nominee may proceed for the Programme only on confirmation of his/her participation in the programme from the Institute.

Thanking you,

Yours faithfully

(Vandana Thapar)
Joint Director (WD)

Encl: as above

S.S. 2017/2018/10/10 PSEY-J.S.
31/08/2017

5, सीरी इंस्टीट्यूशनल एरिया, हौज खास, नई दिल्ली - 110016 तार : जनबालरस

5, Siri Institutional Area, Hauz Khas, New Delhi-110016 Telegram : NIPCHILD

दूरभाष / Telephone : 26963002, 26963204, 26967592, 26969010, 26602313, 26852702 फैक्स / Fax : 091-011-26515579, 26865187, 26851349

Website : <http://nipccd.nic.in>

विषय: विपत्तिग्रस्त महिलाओं की देखभाल करने वाली संस्थाओं के लिए परामर्श कुशलताओं पर 11-13 अक्टूबर, 2017 तक निपसिड, नई दिल्ली में अनुशिक्षण कार्यक्रम हेतु नामांकनों के अनुरोध हेतु

महोदय/महोदया,

संस्थान विपत्तिग्रस्त महिलाओं की देखभाल करने वाली संस्थाओं के लिए परामर्श कुशलताओं पर 11-13 अक्टूबर, 2017 तक निपसिड, नई दिल्ली में अनुशिक्षण कार्यक्रम का आयोजन कर रहा है। इस अनुशिक्षण कार्यक्रम के उद्देश्य इस प्रकार हैं : सहभागियों को भारत की महिलाओं के साथ हिंसा की व्याप्ति पर गहन जानकारी उपलब्ध कराना; महिलाओं हेतु मौजूदा नीतियां, सहायक सेवाएं तथा कानूनी सुरक्षा उपाय; विपत्तिग्रस्त महिलाओं हेतु परामर्श मध्यस्थताओं के विभिन्न उपायों और प्रकारों के बारे में समझ विकसित करना; तथा विपत्तिग्रस्त महिलाओं को मनोसामाजिक सहायता उपलब्ध करवाने के लिए परामर्श कुशलताएं बढ़ाना। कार्यक्रम की रूपरेखा की प्रति संलग्न है।

2. इस कार्यक्रम में महिलाओं के कल्याण, विकास, महिलाओं की सुरक्षा एवं सशक्तिकरण से संबंधित योजनाओं/कार्यक्रमों/परियोजनाओं की योजना बनाने और उनके कार्यान्वयन से जुड़े स्वैच्छिक संगठनों के प्रतिनिधि और सरकार के वरिष्ठ/मध्यम स्तर के अधिकारी भाग लेंगे। कृपया स्वैच्छिक संगठनों के उन प्रतिनिधियों को नामित न करें जिन्होंने इस संस्थान या इसके क्षेत्रीय केन्द्रों द्वारा पिछले दो वर्षों के दौरान आयोजित किसी प्रशिक्षण कार्यक्रम/कार्यशाला में भाग लिया है।

3. गैर-सरकारी संगठनों के सहभागियों को सबसे छोटे मार्ग से कार्यक्रम स्थल (दिल्ली) तक आने-जाने का एसी थी टीयर तक का रेल किराया (राजधानी, प्रीमियम, शताब्दी और दुरन्तो एक्सप्रेस तथा एसी बस/तत्काल को छोड़कर) दिया जायेगा। गैर-सरकारी सहभागियों को नजदीकी रेलवे स्टेशन/बस स्टेशन तक सड़क यात्रा पर दिए गए वास्तविक खर्च का भुगतान रुपये 300/- प्रतिमार्ग की सीमा तक किया जाएगा। स्थानीय सहभागियों को स्थानीय वाहन पर होने वाले वास्तविक खर्च का भुगतान निपसिड के नियमानुसार किया जाएगा। सरकारी विभागों के अधिकारी यात्रा भत्ता/दैनिक भत्ता अपने-अपने कार्यालयों/विभागों से प्राप्त करेंगे। तथापि संस्थान कार्यक्रम की अवधि के दौरान बाहर से आने वाले सभी सहभागियों के भोजन और आवास की निःशुल्क व्यवस्था निपसिड, नई दिल्ली स्थित अपने परिसर के छात्रावास में करेगा।

4. अनुरोध है पासपोर्ट आकार की रंगीन फोटोग्राफ के साथ संलग्न प्रोफार्मा में विधिवत भरे गए तथा संगठन प्रमुख द्वारा अग्रेषित नामांकन प्रपत्र इस संस्थान में 08 सितम्बर, 2017 तक अवश्य भेज दिए जाएं। कार्यक्रम की रूपरेखा और नामांकन प्रपत्र इस संस्थान की वेबसाइट अर्थात् www.nipccd.nic.in से भी डाउनलोड किया जा सकता है। नामित प्रतिनिधि का विवरण हमें wdnipccd@gmail.com पर भी भेजा जा सकता है। अनुरोध है कि संस्थान से सहभागिता की पुष्टि होने पर ही सहभागी कार्यक्रम में भाग लेने के लिए प्रस्थान करें।

धन्यवाद,

भवदीय,

व. थापर

(वदन्म थापर)

संयुक्त निदेशक (महिला विकास)

संलग्नक : उपर्युक्तानुसार

National Institute of Public Cooperation and Child Development

Orientation Programme on Counselling Skills for Institutions Providing Care to Distressed Women

Dates: 11- 13 October, 2017

Venue: NIPCCD, New Delhi

Programme Design

Violence against women is one of the most pervasive form of human rights violations, denying women equality, security, dignity, self-worth, and right to enjoy fundamental freedom. It manifests itself in different forms throughout the life cycle of women like gender biased sex- selective abortions, female infanticide, domestic violence, early marriage, prostitution, and sexual harassment at home and at public places. Violence against women is a result of deep rooted gender ideology and has major public health problems that has both fatal and non-fatal consequences for women and their children, as well as social and economic costs for the entire society . For women, violence is also a leading cause of injury and disability, eating and sleeping disorders, feelings of shame and guilt, phobia and panic disorders, physical inactivity, poor self-esteem, post-traumatic stress disorder, depression and anxiety, suicidal behaviour, self-harm and injuring children at times etc.

There have been numerous governmental and non-governmental interventions in India to effectively deal with the problems of distressed women. The efforts are directed towards strengthening of and amendments in existing legislations and developing institutional mechanisms such as National and State Commissions for Women, women cells in police stations, all women police stations etc. Its other course of action centers around running projects that provide support services to distressed women through schemes like Swadhar Greh, Short Stay Homes, Ujjawala, setting up of Women Help Line etc. A recent initiative of Ministry of Women and Child Development in this direction is the launch of One Stop Centre Scheme across the Country for women affected by violence. The scheme aims to facilitate immediate, emergency and non- emergency access to a range of services to fight against any form of violence against women and provide integrated support and assistance to women affected by violence, both in private and public spaces under one roof. The voluntary organizations also play a vital role in addressing the needs of distressed women by implementing projects to support them in difficult circumstances.

Research evidence is indicative of the findings that women who have experienced violence remain silent about the abuse due to community attitudes of marriage and family. They internalize feeling of guilt and shame and feel responsible for relationship not working and breakdown of the family. The practical constraints including reduction of income and poverty, poor access to long term housing options, unsupportive family, child custody issues, fear of retaliation by the abuser, lack of information about legal rights and available support services etc. make it difficult for them to move away from the abusive situation and make informed choices. Therefore, women in distress require supportive counselling, safety plans and referral services to address their immediate needs of care and protection after experiencing violence and abuse. Moreover they would benefit from counselling within a professional relationship to empower them to accomplish health, wellness and social integration in the society. Counselling women in distress requires sensitive understanding of the needs

